

Shree Krishna Leelas: Tool for Reflection

Krishna Leelas allow souls to gain the knowledge of God without being overwhelmed by the opulent form that evokes fear even in the bravest of souls like Arjun. By focusing on the loving personal form of God, we can develop an intimate relationship with Him.

For each of the leelas that you read in this issue above, reflect on the kind of devotional sentiments evoked, critical assessment of your own internal state when compared to the love of the devotee involved in the leela, and ways to implement this knowledge to enhance spiritual growth.

Part 1: Reflection on the Knowledge of God

Leela	Note the kind of Sentiments Evoked by the Leela	Reflection Questions
The Gopis Experience Bliss of Gobar Bindis!		<ul style="list-style-type: none"> • Which qualities of God were most endearing to you and why? • How did Shree Krishna elevate the love of the Gopi?
Shree Krishna Fulfills His Shishya Dharma		<ul style="list-style-type: none"> • In the majority of cases, God does not intervene by reviving a dead person, yet He did it for His Guru. Why did He do it? • To what extent do you fulfill your shishya dharma in performing Seva or enhancing your sadhana?
Shree Krishna Empowers Arjun to Keep his Vow		<ul style="list-style-type: none"> • Shree Krishna enabled Arjun to keep his vow but did not prevent injuries to Arjun and Himself during the war. Why do you think that was the case? • Are the challenges you experience in life similar to or worse than the Kurukshetra battlefield? How can you remind yourself of this knowledge when difficulties arise?
Satyabhama Learns the Price of Love		<ul style="list-style-type: none"> • Why does God abhor pride and adore humility? • How can we practice humility to attract the divine grace of God/Guru?



Part 2: Application of Knowledge

1. Which spiritual principles or knowledge (i.e., *tatvagyan*) did you take away from all these leelas?
2. Make time in your schedule to do Roop-Dhyan on the four different Leelas. On which one were you able to do Roop-Dhyan more easily? Why?
3. Imagine yourself as an invisible bystander observing each of the four leelas of Shree Krishna you just read. Think about what questions you would have for Shree Krishna after the leela was over. How do you think Shree Krishna is likely to respond to your questions?
4. How will you implement the knowledge of God and His devotee's qualities to enhance your spiritual growth?

If you need to speak with anyone about any part of this assessment, please feel free to contact us at samarpanteam1119@gmail.com. Please also give us some time to respond. Thank you.